“Friends Lead - Bullies Divide”

Bully Prevention
Scott County Public Schools
Working Together....

...We Can Build a Community of Respect
“Friends Lead - Bullies Divide”

Goals

• *Enhance* or *create* a culture of respect
• *Celebrate* diversity
• *Empower* members of the school community to challenge all forms of bigotry
“Friends Lead - Bullies Divide”
Goals Continued

• Reduce bullying, name-calling and other expressions of bias
• Create a safer learning environment
• Promote unity and pride
• Live by the core value of respect for others.
Bullying Prevention
What is Bullying?

Bullying is any ongoing physical or Verbal mistreatment where there is: an imbalance of power and the victim (target) is exposed repeatedly to negative actions on the part of one or more other students.

The average bullying behavior lasts only 37 seconds.

Teachers notice and intervene in only 1 out of 25 episodes.

Occurs at least 2 – 3 times per month.
Bullying can be:

**DIRECT**

Face to face

- **Verbal**
  - Insults, putdowns, teasing, harassment

- **Physical**
  - Shoves, pushes, hits, assault

- **Psychological**
  - Rolling eyes, dirty looks, uttering threats, extortion
Bullying can be:

**INDIRECT**

Behind someone’s back

- **Exclusion**
  - Leaving out
  - Shunning

- **Relational Aggression**
  - Telling people not to be friends with a victim

- **Gossip**
  - Lowering people’s opinion
  - About the victim
What is Bullying?

It involves a power imbalance between Bully and Victim: Number, Size, Status, Role, Culture, Ethnicity.
Characteristics of a Bully

• High self-esteem
  ▪ May be popular
  ▪ More likely to engage in other problem behaviors later in life, such as criminal activity or alcohol or other drug abuse
Characteristics of Victims

Passive

- Quiet, anxious & insecure
- Tend to “normalize” and no longer are victims upon entering adulthood, though they may have continued lower self-esteem and be more prone to depression

Provocative

- Reactive, clumsy, impulsive, irritating
- Attempt to fight or answer back when attacked, but not effectively
- Often hyperactive, have difficulty concentrating and act in ways that irritate others
Bullying is Violence

Violence is any mean word, look, sign, or act that hurts a person’s body, feelings, or things.
71% of school shooters had been victims of bullying.
**Bully**
Starts the bullying and takes an active part

**Follower/Henchman**
Takes an active part, but does not start the bullying

**Supporter**
Supports the bullying but does not take an active part

**Passive Supporter (Possible Bully)**
Likes the bullying but does not display open support

**Defender of the Victim**
Dislikes the bullying and helps or tries to help the victim

**Possible Defender**
Dislikes the bullying and thinks he ought to help but doesn’t

**Disengaged Onlooker**
Watches but doesn’t get involved
Enabling
Unwittingly protecting a person from the consequences of their actions out of a sense of love, compassion, fear, or survival instinct

Entitlement
The belief that it is our right to use violence or threats of violence to express feelings, meet needs, or satisfy wants.

Tolerance
Occurs when violence is accepted as the norm by adults or young people who ignore, rationalize, or minimize incidents of violence.
How far should things go before bullying behavior is addressed?

Bullying behaviors should be addressed before it interferes with the health, academics or learning process of a student.
Peer Mediation is not Effective in Situations of Bullying.

1. Bullying is not a conflict, but is abuse.
2. There is not a question of “some right” and “some wrong” on both sides.
3. The “playing field” or balance of power, is not level.
4. Adults need to claim responsibility.
5. Complaints of bullying must be investigated immediately.
6. Go to your administrators immediately if you receive a complaint.

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To Prevent Bullying, Build Relationships

• Create a Positive School Climate.
  – Show respect
  – Showcase student projects
• Create a wall of praise.
• Display a “Be Kind” bulletin board.
• Involve all students in project based learning.
• Be a good listener.
• Be a good role model.
• Create a diversity book, how each student is different and what they being to the classroom.
• Have students write about their good qualities, “Best Possible Self”.
“FRIENDS ARE COOL”